

LIVESTRONG® CHALLENGE

November 2, 2025
5K/10K Course Map

8:00 A.M. START

5K/10K runners and walkers will start together at Auditorium Shores. Staging will open at the start line after all cyclists have departed.



Course



Start/Finish

1x

5K = 1 Lap

2x

10K = 2 Laps



Aid Station



Run/Walk begins at 8:00 A.M.
Course closes at 11:00 A.M.



5K and 10K participants must be clear of the South 1st St. bridge by 10:00 A.M.



10K participants must begin their second loop of the course by 9:00 A.M.



All participants must complete the event by 11:00 A.M.



If you bring a stroller, please start in the back.

